



## Anatomy Trains Structural Integration Pathway 2025/2026

### Anatomy Trains in Structure & Function - Foundation workshop

18<sup>th</sup>, 19<sup>th</sup> & 20<sup>th</sup> March 2025 – Mandurah, WA  
Other locations to be confirmed

### ATSI Part 1: Structural Essentials

Explore our website for SE workshops in Hong Kong, Singapore, Taiwan, and more.

#### Perth

Teacher: Alexia Langley

March 21<sup>st</sup> – 23<sup>rd</sup>

May 2<sup>nd</sup> & 3<sup>rd</sup>

May 4<sup>th</sup> & 5<sup>th</sup>

July 3<sup>rd</sup> & 4<sup>th</sup>

July 5<sup>th</sup> & 6<sup>th</sup>

July 7<sup>th</sup> & 8<sup>th</sup>

Arches & Legs

Fans of the Hip

Opening the Breath

Tensegrity Spine

Shoulders & Arms

Head, Neck & Jaw

#### Brisbane

Teacher: Chris Clayton

March 2<sup>nd</sup> – 4<sup>th</sup>

March 5<sup>th</sup> & 6<sup>th</sup>

March 7<sup>th</sup> & 8<sup>th</sup>

June 8<sup>th</sup> & 9<sup>th</sup>

June 10<sup>th</sup> & 11<sup>th</sup>

June 12<sup>th</sup> & 13<sup>th</sup>

### ATSI Part 2: Structural Strategies

August 3<sup>rd</sup> – 12<sup>th</sup> 2025  
Teacher: Chris Clayton

### ATSI Part 3: Structural Integration

January 16<sup>th</sup> – 30<sup>th</sup> 2026  
February 13<sup>th</sup> – 27<sup>th</sup> 2026  
Teacher: Julie Hammond